

# GOURMET TRAVEL

2013

## Haute cuisine

MOUNTAIN FARE IN THE DOLOMITES

SEA WORLD  
A TASTE OF CANADA  
MARITIME PROVINCE

STEAK OUT  
CHICAGO'S  
NEW MENU

FLAVOURS OF INDIA  
INSIDER SECRETS FROM  
GOA TO NEW DELHI

BEYOND  
NOMA  
DENMARK'S  
OTHER  
CULINARY  
WONDER

Plus  
BORDEAUX,  
EDINBURGH  
AND UK  
ESCAPES FOR  
FOOD LOVERS

PRODUCED BY  
HOUSE  
& GARDEN  
PROMOTIONS

# Bites

Travels for oenophiles and culinary journeys by ship



## WINE FLIGHTS

Lovingly restored country house Ballyfin, in County Laois, has a unique wine list that includes drops from 12 vineyards set up by Irish exiles in Bordeaux in the seventeenth and eighteenth centuries. Known as the Wine Geese, these include Anthony Barton and Châteaux Brown, Clarke and Kirwan. *Doubles from €750, full board. Look out for 'Wine Geese' packages in 2013. [www.ballyfin.com](http://www.ballyfin.com)*



## SOUTH AFRICA

### DINE AMONG THE VINES

Wine and food lovers alike will adore the 'Wonders of the Winelands' tour of South Africa's historic vineyards, accompanied by a wine specialist. Explore up to 12 wineries over the course of a week and enjoy expert-led tastings, discovering the centuries-old

secrets of South African wines. Guests can enjoy lunches at vineyard restaurants and gourmet dinners in Constantia, Stellenbosch and Franschhoek. To complete this Western Cape escape, the evenings can be spent relaxing in luxurious hotels such as Steenberg in the Constantia winelands (pictured), the cape's oldest farm.

*Select Collection offers six nights for £3,050pp, including private transfers and flights. 020-7491 7171; [www.selectcollection.co.uk](http://www.selectcollection.co.uk)*

## USA URBAN TIPPLES

Discover a different side to California's famous wine scene with the new Santa Barbara Urban Wine Trail, a unique wine tour that cuts out the need for long drives between vineyards. Taste your way around 17 wineries that have opened production facilities and tasting rooms within walking distance of downtown Santa Barbara, in an up-and-coming cultural area known as the 'funk zone', just a couple of blocks from the beach. [www.urbanwinetrailsb.com](http://www.urbanwinetrailsb.com)

PHOTOGRAPHS: JAMES FENNEL; TURISMO CHILE

## CHILE WINE TRAILS

Thanks to winemakers' bold experimentation and the planting of new vineyards, it's an exciting time for Chilean wines. Visit cutting-edge wineries in the Casablanca Valley and taste cool-climate whites in the San Antonio Valley, before journeying south to the Maule Valley, where slate-soil vineyards are producing zingy new flavours. Stop en route at *estancia* (rural wine estates) and experience first-hand the progress of the industry on this eight-night escorted tour of Chile's wineries. *Arblaster & Clarke's 'Vineyards of Chile' tour departs Santiago on February 11. From £2,999pp excluding flights. 01730-263111; [www.winetours.co.uk](http://www.winetours.co.uk)*

