



BALLYFIN



Ballyfin Treatment Rooms

Our treatment rooms provide an ideal place to unwind, restore and to invigorate the body, mind & spirit. Our highly trained therapists can personalize your treatments to your needs and will ensure you leave feeling revitalized

Our Products

Pevonia

Pevonia is a Spa Skincare Line developed exclusively for elite spas. The products launched in 1991 fully recognize that the most effective skincare ingredients can be found in the safest source on earth, in nature. By combining effective, safe and natural ingredients with decades of experience in professional skincare, Pevonia continues to be the global leader in skin rejuvenation and health a worldwide leader in professional skincare.

VOYA Organic beauty from the Sea.

This Northwest coast of Ireland product is 100% certified Organic seaweed and is the base ingredient harvested by hand in an area of unsurpassable natural beauty, untouched by mankind. Give yourself time to drift away and dream, purify the mind from clutter and enjoy the simplistic Voya therapies, wild nature is tamed, ingredients are potent and treatments are therapeutic and unparalleled.



Face

Essential Prescriptive Facials

Universal treatments for all skin types. These facials are personalised and tailored to accommodate the needs of your skin. Includes professional skin diagnosis, deep cleansing, ampoule, massage and mask. These are ideal facials to introduce your skin to the unadulterated pure and active products within the Pevonia Botanica line. Outstanding results for every skin type!

Dry, Deeply Dehydrated Skin Facial

Replenish – Nourish

60 mins €120

This thorough facial is specialised and tailored to treat a dry, dehydrated and devitalised skin. Skin will be replenished and nourished with products rich in Chamomile, Azulene and Squalane. Hyaluronic Acid, nature's 'fountain of youth', will deeply hydrate and reverse the signs of ageing. A rejuvenating and cooling cream mask, rich in vitamins and anti oxidants is applied followed by a rich skin care cream.

Sensitive Skin Facial

Special Care – Mild and Gentle

60 mins €120

Sensitive skin requires special care, specialized ingredients and subtle techniques. This gentle treatment mildly cleanses and exfoliates, while decongesting, diffusing redness and calming irritation. A nourishing and cooling cream mask is then applied, followed by a sensitive skin care cream designed to leave the skin feeling fresh, cool and pacified.

Gentlemen's Facial

Soothing – Deep Cleansing

60 mins €120

This treatment specifically targets clogged pores, sensitivity, and razor burn while promoting total relaxation. This facial includes deep cleansing, steaming, and extraction. As a final step, a treatment mask is applied to refine the pores, soothe and condition the skin. Mask options: Sensitive, Dry, Oily, Combination, Acne.

Luminous & Oxygenated Skin

Vitamin "C" with Oxyzomes

60 mins €120

This intensive treatment features a manufacturing wonder formulated with a new generation of liposome's: Oxyzomes (stabilized Vitamin C). Featuring an outstanding, targeted delivery system, it releases Vitamin C into your skin throughout the day. Powerfully formulated with Hyaluronic Acid, it works to visibly repair and smooth the skin, reduce the appearance of wrinkles, and increase oxygenation. The immediately visible result is a more youthful appearance with a healthy, radiant glow. Recommended for all skin types in need of an intensive treatment with phenomenal benefits.

Body

Plantomer Hydrating Facial

Refreshing – Hydration

60 mins

€130

Visibly enhance your skin's texture and maximise hydration. This refreshing, soft lift-off mask combines the hydrating benefits of Seaweed, the ocean's finest resource with revitalising Propolis, a natural healing and desensitising substance rich in natural antibiotics and Vitamin A. Soothing, nourishing and calming, it renders the skin undeniably radiant with highly visible results. Good for all skin types, excellent for Sensitive, Eczema and Psoriasis prone skin types.

Massage & Wraps

Massage is one of the oldest and simplest forms of therapy and has been used for centuries to induce health and well-being, heal injury, relieve psychological stress, manage pain and improve circulation. Unwrap smooth, hydrated, radiant skin whilst nurturing your body by indulging in these wondrous body massage therapies. We will pamper you as much as you desire whilst incorporating nature's most advanced ingredient formulations for complete body wellness.

Ballyfin Signature Massage

Relax – Unwind

90 mins

€150

Exhale and relax as you are transported into a deep state of relaxation and skin rejuvenation. You can select your own personal journey, with a choice of 'sensual' aromatic essential oils for a full face, scalp and body indulgency. Relax, unwind and enjoy the ultimate in pampering whilst improving skin health.

Pevonia Stone Relax

Stimulate – Unwind

90 mins

€145

A sensory journey for a complete holistic approach to relaxation. Warm, basalt stones are guided to melt away that built up tension whilst combining the Pevonia organic essential oils to offer a deep relaxation ritual to create a mind, body and soul experience.

Back Ritual with Aromatic Moor Mud

Renew – Fit for Life

45 mins

€100

A luxurious Back treatment incorporating the wonderful results-driven Aromatic Moor Mud. As this thermal mud aids muscle tension, aches and pains, escape into a state of deep relaxation as your therapist performs the highly relaxing cocoon massage techniques followed by a personalised back, neck and shoulder massage to completely de stress.

Serenity Massage

De-stress – Re-balance

60 mins

€120

This tailor-made massage offers a tranquil escape from every day trials and tribulations by incorporating a pure concentration of Lavender extract renowned for relieving stress and inducing relaxation. To help you reach your desired results, your therapist will target specific pressure points, stretching and deep tissue technique to invigorate, re-align and restore balance. The perfect solution to help you relax, unwind, release and re-balance in the tranquil comfort of simple peace and quiet.

Vitality Massage

Revive – Uplift

60 mins

€120

The ultimate resolution to help invigorate your body back to feeling normal and human again! Energising and revitalising, Rosemary and Grapefruit extracts blend to uplift the spirit, stimulate alertness, and counteract lethargy, while clearing the mind and increasing concentration. This specialised massage therapy is ideal for those who have experienced a long journey and are feeling the effects of travelling or who feel deflated, diffused and sluggish. Awaken your senses and enhance your mood with an infusion of aromatherapy scents combined with specialised massage techniques.

Recovery Massage

Decongest – Tension Release

60 mins

€120

Cleanse, decongest and release tension with therapeutic Eucalyptus and Camphor which unite to deliver stimulating benefits while promoting warmth and healing, improving respiration, circulation and lymph flow. If you're feeling under the weather or suffering from seasonal allergies and your immune system needs a boost, this deep-tissue anti-inflammatory massage therapy will help to relieve these symptoms whilst you relax and inhale the soothing, natural decongesting.

Sports Massage

Restore – Relieve
(Therapist fully trained in sports injury therapy)
60 mins **€140**

This deep localised massage is highly specialised to relieve and encourage healing for sport-related injuries. Your massage is completed with an energising anti-stress cooling gel oozing with Camphor, Menthol, Azulene and Rosemary Oil, designed to alleviate heaviness from fatigue, muscle cramps, tension and stress. This intensive tension-relieving treatment will instantly relieve sore and tired muscle pain.

Mum To Be Massage

Thinking of Two
45–60 mins **€120**

Enhance the experience of being pregnant with this massage treatment exclusively designed for Ballyfin. Specifically tailored to safely care for mothers-to-be needs, this luxurious treatment combines a Pevonia Signature Massage incorporating pure Safflower and Grape Seed Oil. Addressing the physiological and psychological changes associated with pregnancy, feel cared for by your fully-trained therapist with this unique treatment designed to relax and relieve both mum and baby.

Bath Rituals

We will create a luxurious experience for you in the comfort of your own bedroom.

Seaweed Bath **€40.00**

A candlelit bathroom awaits you while the seaweed in your bath releases soothing properties and moisturising properties. Seaweed baths have been used for generations in the care and repair of the skin, and have shown to help against signs of aging and cellulite.

Roses and Romance **€110.00**

Ballyfin is a place that inspires romance. Relax in the bath with the one you love. A scented bubble bath will be drawn for you, while you toast one another with a chilled bottle of champagne and strawberries. Finally, fresh rose petals will be set afloat in your bath to set the perfect mood.

Hand & Feet Treatment

Ballyfin Luxury Pedicure
60 mins **€75**

Lie back and relax while you enjoy our Luxury pedicure. Problem cuticles are treated, dry skin removed and the feet are cocooned in heated thermal booties to soften the skin. A light head massage is performed while you relax. Finishing with nails shaped and polished to your request.

Ballyfin Luxury Manicure
45 mins **€75**

Your manicure will re-vitalise problem cuticles and promote strong healthy nails. A warm hand mask cocooned in heated thermal mitts restores skin to softness before finishing with nails shaped to your request and a Jessica nail polish.

Finishing Touches

Waxing

Waxing is available upon request. Patch test required 24 hours in advance.

Hair and Make-up at Ballyfin

We work with leading hair stylists and make-up artists and should you wish to avail of having your hair styled or make up applied during your stay at Ballyfin please contact us for availability in advance of arrival.

Booking Information

All treatments must be booked in advance of arrival to avoid disappointment.

Opening Hours

Treatments will be available on request subject to availability. Pre-booking in advance is required.

Treatment Rooms Etiquette

Our Therapist will collect you from the comfort of your bedroom prior to your treatment room via the lift. A consultation form will be completed in the luxury of our Treatment Rooms. Our Therapist will make you comfortable in your Treatment Room where your relaxation begins.

Helpful Tips

Robes and slippers are provided to all our guests in your bedroom. Robes are recommended to be worn to treatment room to help aid in the relaxation – if you prefer you may also change in the treatment room. Give your therapist appropriate feedback about your comfort or any troubled areas.

Medical Conditions

We want you to feel as safe and nurtured as possible, therefore if you have a medical condition and are unsure of treatments then our Therapists are happy to offer guidance and assistance on suitable treatments.

Cancellation Policy

As a courtesy to other guests and our therapists please give 24 hours notice if you need to cancel your booking. The following cancellation fee applies:

- Within 24 hours – 50% charge of Treatments
- Within 12 hours or failure to show – Full charge of Treatments

If guests are late for their appointment the time will be deducted from the length of the scheduled treatment.



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